

# Summer

## Sample menu

This is a selection of the kind of meals that residents enjoy throughout the season. There's a meat and vegetarian choice every day, plus lighter options for those with smaller appetites. We offer a low-sugar dessert option every day and snacks are available 24 hours a day.

### Starter, mains and sides

Mushroom soup <sup>V</sup>



Leek and potato <sup>V</sup>  
bake



Spaghetti  
bolognese



Scampi

Served with lemon wedge  
and tartar sauce



Roast chicken  
and gravy



Mixed  
vegetables



### Desserts

Lemon meringue  
pie



Fresh fruit salad <sup>LS</sup>  
with cream



Raspberry and  
peach trifle



### Lighter bites

Jacket potato  
with cheese



Omelette



Fruit and  
ice cream

