## Autumn Sample menu



This is a selection of the kind of meals that residents enjoy throughout the season. There's a meat and vegetarian choice every day, plus lighter options for those with smaller appetites. We offer a low-sugar dessert option every day and snacks are available 24 hours a day.

## Starter, Mains and Sides



Minestrone soup

Cheese and V potato pie



Braised steak in red wine gravy



Lancashire hot pot and gravy



## **Desserts**



Steam treacle sponge and custard





## **Lighter bites**





