

Sycamores 'What's on': Sample activity planner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Canalside walk 	Brainbuster quiz 	Dominoes tournament at Four Ways 	Grooving with Grahame 	Sydni Centre Bingo club 	Walk in the wild 	Move to the groove 
PM	Knitter natter 	The music shed 	Creative corner 	Great Sycamores Bake Off! 	Sydni Centre Lunch club 	Shopping trip to Asda 	Garden games 
EVE	Dominoes practice 	Let's catch up on our Soaps 	Crosswords 	Puzzles 	Tabletop board games 	Movie night 	Songs of Praise 