

Four Ways 'What's On': Sample activity planner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Coffee morning in café 	Memory Maker Trip:  	 Dominoes club with Woodside & Sycamores visitors	Hair day 	Wellness walk to the shops with Sue 	Activity on household with carers 	Garden games & ball games 
PM	Exercises with Caroline all floors 	Evesham Country Park 		Sing along with Grahame 	Baking with Caroline 	 Quiz night with June & Sue in the café	1-2-1's with Sue & Caroline 
Household led activity	Puzzles on households 	Film night on households 	Board games with Carers 	Choose your own hobby to do 	"Wok" this way to Chinese night 		Activity boxes on households 