

Fairfield 'What's on': Sample activity planner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Play your cards right 	Warble with Warren Holly Lounge 	Waffle Wednesday! Let's make waffles 	MM trip:  Local Garden Centre 	Tea & chat 	Calm colouring 	Listen to your favourite songs 
PM	Ball games / arm chair exercises 	Warble with Warren Oak Lounge 	Watch a movie 	1-2-1's with Bailey 	Word search on your lounge 	Sing along on your lounge 	Read a book or magazine 
EVE	Quiz! on your lounge (ask staff) 	1-2-1's with Warren 	Games on your lounge 	Calm colouring 	See a friend (ask staff) 	Movie evening 	Puzzles on your lounge 